

GSC WOMEN'S CROSS COUNTRY ALL-DECADE TEAM (cont.)

Name: Gabriela Mendoza **School:** Southern Arkansas **Years Played:** 2003, '05-06

- **Honors and Awards:** 2005 Second Team All-GSC by missing first team by one spot in placing 11th; 2003 First Team All-GSC (4th); 2005 Second Team All-South Region (17th); 2003 Second Team All-South Region (19th); 2005-06 *ESPN The Magazine* First Team Academic All-District 6; 2005 GSC All-Academic Team; Three-time U.S. Cross Country Coaches Association All-Academic Team.
- **Pertinent Statistics:** Ended outstanding 21 meet career with 17 top-19 finishes, winning four, and had 11 top-eight finishes and eight top-three finishes.; Led her teams to nine top-three finishes over 21 meets, including five titles.
- **Records:** Holds the SAU cross country records in the 5K (18:23.00) and 6K (22:30.00).
- **Other Information:** One of the most successful cross country athletes in Lady Mulerider history; Competed just three years, missing 2004 season with injury, and also hampered with late-season injury in 2006

Name: Bailee Hedstrom **School:** West Florida **Years Played:** 2008-09

- **Honors and Awards:** Two-time All-GSC selection (first team 2008, second team 2009); Two-time GSC Runner of the Week (10/8/08, 10/7/09); USTFCCCA and GSC All-Academic team selection in 2009.
- **Pertinent Statistics:** List Career Stats then Seasonal Stats (if applicable)
- **Records:** holds the fastest 5k time of any UWF runner this decade with an 18:37 mark at the Gulf Coast Stampede (10/3/09); placed sixth at the GSC Championships in 2009 (5k 19:27) and 13th in 2008 (5k 19:53).
- **Other Information:** Led UWF to a second place finish at the GSC Championships in 2009, the team's top finish since winning the conference title in 1996.

GSC COACH OF THE DECADE

Name: Steve Guymon **School:** Harding **Years At School:** 2002-present

Supportive Information: Won six Coach of the Year honors during the decade, including five consecutively; Won six GSC championships and two South Region championships; Four top-10 national finishes ; During his career in the GSC, his runners have earned 45 All-GSC honors (including seven individual champions), 28 All-Region honors, 10 All-America honors, 15 Academic All-GSC honors, 9 Academic All-District honors, 2 Academic All-America honors.

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