

# Down Syndrome Alabama HISPANIC SUPPORT GROUP



The need for support, advocacy and materials for Spanish speaking families became apparent in Central Alabama. Down Syndrome Alabama (DSA) was eager to respond to this necessity by expanding its organization to include Hispanic programs. DSA Latino members bring a wealth of experiences that will broaden DSA's approach to serving individuals with Down syndrome, their caretakers, relatives, service providers and the community at large.

Down Syndrome Alabama's will host the first meeting of the Hispanic Support Group on Sunday March 2<sup>nd</sup> - 2 to 4pm at DSA's new office location at 1929 Canyon Road within the AMBUCS building in Vestavia.

The group's bilingual Coordinator, Teresa Munoz, will survey and converse with caretakers to assess how DSA can offer support and advocacy for families. In turn, DSA knows from experience, that these families will encourage and inspire countless others throughout Central Alabama.



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**SUN. MARCH 2<sup>nd</sup>**

*Meet and visit with other families*

*Identify the needs of Spanish speaking individuals with Down syndrome and their families.*

*Discuss topics for future meetings*

*Ideas for activities*



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# HISPANIC SUPPORT GROUP

For Spanish speaking individuals with Down syndrome and their families

DSA provides support and information to parents when they first find out their baby has Down syndrome, and remains in contact with families as the child develops and grows into adulthood as a self-advocate.

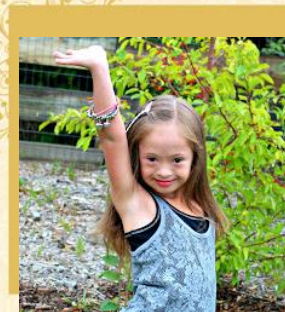
DSA will build upon this new support group by expanding the programs they are currently hosting by translating materials into Spanish, providing translators for the annual conference and yearly workshops, and engaging additional bilingual volunteers for DSA outreach programs.

DSA is also reaching out to collaborate with other organizations already serving the Hispanic population in Central Alabama.

Through these expanded programs, DSA hopes that many Spanish speaking people with Down syndrome and families will benefit because of their access to resources, education, encouraging relationships and experiences of advocacy.

These encounters provide opportunities for individuals with Down syndrome to maximize their personal potential improve their sense of wellbeing, reach lifetime goals and meaningful quality of life.

DSA knows that mature adults with Down syndrome will appreciate their life, enjoy a sense of accomplishment and thrive in their community with lifelong advocates who make sure they abide in a supportive and encouraging environment.



Down Syndrome Alabama promotes Awareness, Acceptance and Advocacy for individuals with Down syndrome of all ages and actively supports their caretakers, families, educators, service providers and community.

**SUNDAY MARCH 2<sup>ND</sup> – 2:00 TO 4:00PM**  
**DOWN SYNDROME ALABAMA OFFICE – AMBUCS BUILDING**  
**1929 CANYON ROAD, VESTAVIA HILLS, ALABAMA 35216**

*Down Syndrome Alabama is a 501(c)3 non-profit organization.*