

**When You...**  
**STEP**  
**UP**  
**for Down Syndrome**  
**BUDDY WALK 2016**



**SUN. OCTOBER 2<sup>nd</sup> - Veteran's Park Hoover**

Veteran's Park Hoover is located on Valleydale Rd – west of Hwy 280 – north of Hwy 119 – east of I65 – south of I459

**Walk Event Proceeds will affect the lives of people with Down syndrome through the initiatives listed below...**

**Our Mission:**

*Down Syndrome Alabama promotes lifelong Awareness, Acceptance & Advocacy for individuals with Down syndrome*

**Q: Who Does DSA reach with its programs?**

**A: Individuals with Down syndrome of all ages**

*796 – Individuals or Family Members*

*510 – Members with Down syndrome*

*80+ Cities throughout Alabama represented*

**DSA also accomplishes this by reaching the circles of influence that will touch a person with Down syndrome's life:**

Family - Medical/Mental Health Professionals - Service Providers & Resources - Early Intervention Providers - Education (Preschool to High School) IFSP & IEP - Transition Services - The Community at Large - Post High School Experiences – Behavior Specialists - Financial/Legal Professionals  
 Caretakers for aging adults with Down syndrome.

**The DSA Community C.A.R.E.S. – connections – actions – resources – education – support**

**Connections:**

9 Advocacy Groups – New Parents & Preschool – Elementary, Middle & High School, Self-Advocates – Adoptive Families – Siblings – Hispanic  
 5 Satellite Locations – North (Cullman) – Northeast (Gadsden) – Northwest (Jasper) – Southwest (Tuscaloosa) – Southeast (Sylacauga)  
 Peer to Peer contacts – Facebook Pages

**Actions:**

Adult Self-Advocate Board  
 Member of National Down Syndrome Society  
 Access to Staff & Staff Advocacy

New! Down syndrome T21 Awareness Presentation  
 Member of National Down Syndrome Congress

**Resources:**

Healthcare Referral Program  
 Resource Directory & Access to Staff Resource

Interactive Website & Email Blasts  
 DSA Quarterly Magazine

**Education:**

The Learning Program  
 Conference

New! EDUCATION CONNECTION [Parents – Teachers – Schools]  
 Topical Workshops

**Support:**

Expectant & New Parent Outreach  
 Connections – database, activities, correspondence network for adults with Down syndrome  
 "Coffee Talks" – [informal meetings that present topics or address issues facing those raising, caring for or servicing a person with Down syndrome]  
 Access to Staff Support

Heart 2 Heart Hospital Outreach

**Down syndrome** occurs at conception. The embryo has 47 chromosomes in each cell instead of the usual 46. As the child grows the extra chromosome uniquely impacts how the body and brain develop. People with Down syndrome have a lifetime of potential just like any other person.

**Visit our website at [downsyndromealabama.org](http://downsyndromealabama.org) – WALK**

Call us at 205-988-0810 Email us at [downsyndromealabama@gmail.com](mailto:downsyndromealabama@gmail.com)

Down Syndrome Alabama is a nonprofit 501(c) 3 organization

